

How the Physical Education department addresses the Whole school Curriculum Intent

Our aim is to provide an excellent and relevant education for all our students so that we are 'Shaping Exceptional Futures' and are living our principles. We will do this by ensuring our curriculum:

Whole School Curriculum Intent	How the Physical Education department addresses that intent
<ul style="list-style-type: none"> is centred around The National Curriculum. 	<p>Through a broad and balanced curriculum the Physical Education department aims to:</p> <ul style="list-style-type: none"> develop competence to excel in a broad range of physical activities ensures students are physically active for sustained periods of time provides opportunities for students to compete in competitive sport develop the knowledge and skills to lead a healthy, active lives <p>Students are taught to:</p> <ul style="list-style-type: none"> use a range of tactics and strategies to overcome opponents in direct competition through team and individual games develop their technique and improve their performance in other competitive sports perform dances using advanced dance techniques within a range of dance styles and forms take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best take part in competitive sports and activities outside school through community links or sports clubs
<ul style="list-style-type: none"> teaches students to be effective communicators, think for themselves and be literate and numerate. 	<p>All students have the opportunity to develop communication skills through</p>

	<p>Sports Leadership both in the curriculum and extra-curricular pathways.</p> <p>They develop a range of transferable skills, such as teamwork and communication through team sports. This is further developed through extracurricular clubs and competitions.</p> <p>Cross-curricular links have been identified across schemes of work, for example using maths skills for sport in athletics and introducing new, subject specific vocabulary with an opportunity to practice these skills</p> <p>The department utilises 'Thinking Hard' strategies to teach students to think for themselves. In addition, the department uses a variety of teaching strategies such as think, pair, share and peer assessment.</p> <p>A range of teaching strategies such as pair/reciprocal/group and individual work are utilised</p>
<ul style="list-style-type: none"> teaches students how to learn. 	<p>The Physical Education department builds on prior learning and knowledge of students the schemes of work are sequenced, to build upon what students know and develop their skills</p>
<ul style="list-style-type: none"> teaches the knowledge and skills to enable students to be active and engaged participants in society. 	<p>The Physical Education department instills high expectations in students through PE lessons and Personal Best, developing skills such as personal responsibility and resilience. The Living for Sport programme builds students confidence and resilience to engage with school life and society School teams, clubs and trips. Students take responsibility for their belongings, bringing the correct kit required for lessons</p>
<ul style="list-style-type: none"> teaches a wide range of subjects and provides quality time for students to participate in a wide range of extracurricular opportunities, so as to enrich their personal development and broaden the quality of education. 	<p>After -school participation clubs such as Fun Club for year 7&8 Structured 'Active Play' break times and before school clubs are an opportunity for students to participate in physical activity and practice skills learnt in lessons. There are numerous School sports teams along with Inclusive Club and competitions.</p> <p>Sports Leadership club aims to develop the skill set to run and officiate</p>

	<p>events such as 'Indoor Athletics'. Healthy Lifestyle Champions using peer learners to promote healthy, active lifestyles across the school.</p> <p>Personal Best in year 7 and 8 develops students life skills, moreover, students confidence, competence, knowledge, understanding and motivation to be physically active for life</p> <p>The Elite Performance programme using YST athlete mentors to identifies, challenges and supports students to excel in sport/physical activity. External Club links provide a pathway for students to engage in sport and physical activity outside school.</p> <p>Year 10, 11 and 6th form have the opportunity to use the fitness suite after school and complete a training programme to promote and lead healthy, active lives.</p> <p>Department Trips such as Ski Trip, Football Clubs, Barnstondale, Underground Training Station, Stoke Manderville and Colemendy encourage students to engage with people and places in new ways.</p>
<ul style="list-style-type: none"> teaches and encourages students to have high aspirations. 	<p>The Physical Education department has high expectations of students. Athlete Mentors from the Youth Sport Trust are used to encourage students to have high aspirations. The Elite Performance programme using YST athlete mentors identifies students who potentially are able to perform at a level that substantially exceeds that which is expected for their age, challenges and supports students to excel in sport.</p> <p>An annual Sports Awards evening celebrates all aspects of success and achievement across the breadth of curriculum and extra-curricular.</p> <p>The Physical Education department utilise links with professionals and industry to raise student aspirations (e.g. Youth Sport Trust/ Birkenhead Park RUFC/ Andy Grant / MCSFA). Sporting careers and routes into employment through engagement in PE/Sport courses are promoted</p>

Department Curriculum Intent statement

At Coop Academy Bebington our high-quality physical education curriculum inspires all students to succeed and provides an opportunity to compete in competitive sport and other physically-demanding activities. We provide opportunities for students to become physically confident in a way which supports their health and fitness. We encourage students to compete in sport and participate in physical activity to maintain healthy lifestyle habits for life. The PE curriculum aims to develop student's social and employability skills through all aspects of Physical Education, in particular Sports Leadership.

We aim to ensure that all students:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

In KS3 students build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their skill development, and apply them across different sports and physical activities.

Students learn what makes a performance effective and how to apply these principles to their own and others' work. Students develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life and understand and apply the long-term health benefits of physical activity.

Our curriculum is broad and balanced meeting the requirements of the National Curriculum.

students are taught to:

- Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]
- Develop their technique and improve their performance in other competitive sports [for example, athletics, parkour and gymnastics]
- Perform dances using advanced dance techniques within a range of dance styles and forms

- Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- Take part in competitive sports and activities outside school through community links or sports clubs.

Key stage 4 students tackle complex and demanding physical activities. Students have the opportunity to be involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle.

students are taught to:

- Use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]
- Develop their technique and improve their performance in other competitive sports, [for example, athletics and gymnastics], or other physical activities [for example, dance]
- Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage students to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best
- Continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.