

PSHCE Curriculum map 2022/23

Year 7	Term 1		Term 2		Term 3	
	HT1	HT2	HT3	HT4	HT5	HT6
Key knowledge (NC driven)	Health & Wellbeing	Relationships	Living in the Wider World	Relationships	Health & wellbeing	Living in the Wider World
Topic/ Resources Careers	Transition <ul style="list-style-type: none"> • Aspirations, goal setting and to develop self-awareness and positive image • To develop knowledge, skills and attributes to effectively manage the transition to a new school • To begin, grow and maintain friendships in a new situation. 	Self-esteem, romance and friendships <ul style="list-style-type: none"> • Investigating positive relationships and having respect for differences and diversity • To recognise the roles and responsibilities of parents, carers and children in families; • To explore the importance of stable long-term relationships to support family life. 	Careers <ul style="list-style-type: none"> • Introduction to careers • About different work roles and career pathways including clarifying their own early aspirations My Money <ul style="list-style-type: none"> • To explore how to manage finances. • To gain a better understanding about budgeting and how to budget 	Teenage Kicks: <ul style="list-style-type: none"> • To develop confidence in handling difficult situations and to be able to recognise your feelings • Right and Wrong: Taking responsibility • To understand what a dilemma is and managing emotions & a guide to puberty • What is Coercive abuse and how adult grooming appears to follow • To explore the meaning and impact of bullying and cyberbullying, as well as investigating appropriate ways of responding to discriminating, hurtful 	Healthy Living <ul style="list-style-type: none"> • To encourage young people to take increased responsibility for their own physical health • To explore the dangers of nicotine – short and long term risks. • To encourage and develop a healthy lifestyle. • To encourage healthy eating habits. • To understand why good diet is important. • To explore the risks and myths associated with female genital mutilation (FGM), its status as a criminal act and strategies to safely access support for themselves or 	Lending & Borrowing <ul style="list-style-type: none"> • To fully understand the dangers of using illegal money lenders (loan sharks). • To gain a better understanding about borrowing money safely and managing money effectively. • Deciding how to spend your money • Safer lending and borrowing • Consider the choices we make when thinking about how to manage and fund our lifestyles

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				or intimidating behaviour. LGBT •To understand what LGBT stands •To explore HBT (homophobic, biphobic and transphobic) bullying looks like and the effect it has on the individual	others who may be at risk.	
Assessment	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI

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Year 8	Term 1		Term 2		Term 3	
	HT1	HT2	HT3	HT4	HT5	HT6
Key knowledge (NC driven)	Health & Wellbeing	Living in the Wider World	Relationships	Living in the Wider World	Health & Wellbeing	Relationships
Topics	Alcohol and Substance Abuse <ul style="list-style-type: none"> •The risks of alcohol, tobacco and other substances •To develop skills to assess risks to health from substance use. •To understand the laws relating to alcohol and tobacco use. •To explore the risks and myths associated with female genital mutilation (FGM), its status as a criminal act and strategies to safely access support for themselves or 	Managing Money <ul style="list-style-type: none"> •To gain a better understanding about borrowing money safely and managing money effectively. •To explore how to spend your money sensibly •Consider the choices we make when thinking about how to manage and fund our lifestyles •Consider how to make better financial decisions 	Adolescence <ul style="list-style-type: none"> •To raise awareness of personal identity and to highlight the physical and emotional changes that occur during puberty. •To gain a better understanding of the female reproductive system •Exploring the pressure's teenagers may go through during puberty. •Understanding the importance of personal hygiene •Investigating the different feelings I may go through during puberty and know strategies to cope with them 	Careers and me <ul style="list-style-type: none"> •Understanding careers and future aspirations •Strengths and setting goals <p>How strengths, interests, skills and qualities are changing and how these relate to future career choices and employability.</p>	Healthy Kick Start <ul style="list-style-type: none"> •To understand why good diet is important. •To understand that certain foods and drinks are good or harmful to our teeth. •To learn about steps we can take to protect our teeth. •To be able to make healthy food and drink choices •To manage the negative influence of drugs <p>* First Aid: What is a (CPR) and how to use defibrillators</p>	Social Influences <ul style="list-style-type: none"> •To explore and recognise peer influence and to develop strategies for managing it, including online •The role peers can play in supporting one another to resist pressure and influence, challenge harmful social norms and access appropriate support •That the need for peer approval can generate feelings of pressure and lead to increased risk-taking; strategies to manage this

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	others who may be at risk Recognising Coercive abuse and adult grooming					
Assessment	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI
Year 9	Term 1		Term 2		Term 3	
	HT1	HT2	HT3	HT4	HT5	HT6
Key knowledge (NC driven)	Relationships	Relationships	Living in the Wider World	Health & Wellbeing	Living in the Wider World	Health & Wellbeing
Resources	RSE To explore similarities, differences and diversity among people of different race, culture, ability, sex, gender identity, age and sexual orientation •To recognise that sexual attraction and	Managing different types of relationships •Managing conflict at home and relationship break ups. •What is Coercive abuse and adult grooming •Tackling homophobia, transphobia and sexism Tackling	Options Preparing for GCSE options choices Future Pathways •Planning and carrying out an enterprise project •Rights and responsibilities in the community. •Careers: Unifrog Managing Money	Drugs Re-visited Managing peer pressure in relation to illicit substances •Assessing the risks of drug and alcohol abuse and addiction.	Lending and borrowing Aims: •To fully understand the dangers of using illegal money lenders (loan sharks). •To gain a better understanding about borrowing money safely and managing money effectively.	My Mental Health •Exploring positive mental health, mental health problems and coping strategies Keeping Safe – Dangers of Gambling/Gangs •The risks associated with gambling and recognize that chance-based

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	sexuality are diverse	age and disability discrimination.	<ul style="list-style-type: none"> •To gain a better understanding about borrowing money safely and managing money effectively. •To explore how to spend your money sensibly 		<ul style="list-style-type: none"> •Deciding how to spend your money •Safer lending and borrowing 	<p>transactions can carry similar risks; strategies for managing peer and other influences relating to gambling</p> <p>•Peer pressure, assertiveness and risk, gang crime</p> <p>•Dieting, lifestyle balance and unhealthy coping strategies.</p>
Assessment	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI

Year 10	Term 1		Term 2		Term 3	
	HT1	HT2	HT3	HT4	HT5	HT6
Key knowledge	Relationships	Living in the Wider World	Health & Wellbeing	Living in the Wider World	Health & Wellbeing	Relationships

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	Form tutor WWW/EBI	Form tutor WWW/EBI	Form tutor WWW/EBI	Form tutor WWW/EBI	Form tutor WWW/EBI	
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Year 11	Term 1		Term 2		Term 3	
	HT1	HT2	HT3	HT4	HT5	HT6
Key knowledge	Health & Wellbeing	Relationships	Living in the Wider World	Health & Wellbeing/ Relationships		
Resources Topic/ e.g txts, experiments, material area, sport etc	My Mental Health <ul style="list-style-type: none"> •Exploring positive mental health, mental health problems and coping strategies Drugs and alcohol <ul style="list-style-type: none"> •Relationships and sex education including healthy relationships and consent. 	County Lines <ul style="list-style-type: none"> •To recognise situations where they are being adversely influenced, or are at risk, due to being part of a particular group or gang; strategies to access appropriate help •Factors which contribute to young people becoming involved in serious organised crime, 	Managing Money <ul style="list-style-type: none"> •To gain a better understanding about borrowing money safely and managing money effectively. •To explore how to spend your money sensibly 	<ul style="list-style-type: none"> •Dieting, lifestyle balance and unhealthy coping strategies. *the importance of parenting skills and qualities for family life, the implications of young parenthood and services that offer support for new parents and families. Revisiting positive/healthy relationships.	<ul style="list-style-type: none"> •Revision skills to maximise potential •Bespoke intervention programme devised for each student. •GCSE exams. 	

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		including cybercrime •What is Coercive abuse and adult grooming				
Assessment	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI	Skills checker/revisited at the end of topic Form tutor WWW/EBI		

Year 12	Term 1		Term 2		Term 3	
	HT1	HT2	HT3	HT4	HT5	HT6
Key knowledge	Health & Well-being	Relationships	Living in the Wider World	Relationships	Health & Well-being	Living in the Wider World
Topic/ Resources e.g txts, experiments, material area, sport etc	My Mental health Study Skills Managing Stress	Sexual health - Brook	Unifrog Choices and Pathways Work and career Managing risk & personal safety	Brook – Consent, Contraception	Healthy lifestyles Self concept Recognising and Managing mental health	Unifrog Media literacy & digital resilience
Assessment						

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Year 13	Term 1		Term 2		Term 3	
	HT1	HT2	HT3	HT4	HT5	HT6
Key knowledge	Health & Well-being	Relationships	Living in the Wider World	Relationships	Living in the Wider World	
Topic/ Resources e.g txts, experiments, material area, sport etc	Managing mental health Study Skills Managing Stress	Sexual health-Brook	Choices and Pathways Work and career	Brook – Consent, Contraception	Unifrog Media literacy & digital resilience	
Assessment						